



Global Medical Brigades Panamá

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- I traveled with the organization Global Medical Brigades to Panamá.
- Goal was to provide healthcare to underdeveloped communities.
- Set up mobile medical clinics.



A fellow UMD student and I working the pharmacy station.



- Many people in Panamá do not have regular access to medical treatment.
- Lack of healthcare in Panamá is widespread.
- High levels of inequality between urban and rural areas.



Our group of volunteers at one of the clinic locations.

- Partnered with local physicians, dentists, and pharmacists to provide free medical consultations and treatment.
- As volunteers, we took patient's vital signs, assisted the dentists, gathered and dispensed medicine, and taught public health lessons to children.
- Worked with local translators to communicate with patients.



The classroom that was used as the dental station. Blood was disposed of in the trash bag on the back of the desk chair.

- Global Brigades visits each community at least every 3-4 months.
- They keep electronic medical records in order to better treat patients.
- Train members of the community to provide basic medical care between brigades.
- Goal is to eventually make the communities sustainable enough to be completely self-sufficient.
- Learned about Panamanian health care system.
- Gained experience communicating with patients.
- After the brigade, I took a position on the Executive Board of the UMD chapter.



Providing fluoride treatments for patients at our clinic.



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