



# “Shhhh, I’m trying to speak!”

Julia Bonner

College Park Scholars – Science & Global Change Program  
Hearing & Speech Sciences  
julbon23@umd.edu

College Park Scholars Academic Showcase, April 30, 2021



## Introduction:

For my practicum project I was able to shadow speech therapy sessions and learn more about the practice of speech therapy. This allowed me to understand more information and gain experience observing the field I am currently pursuing.



Image from Integrity Speech Therapy’s website (<https://www.integrityspeechtherapy.com>)

## Activities:

During this project I was able to observe speech therapy sessions via an online video-chat platform. Each session entailed different kinds of speech therapy. Generally, Integrity Speech Therapy aids people with fluency, expressive/receptive language, and articulation etc. I was able to effectively understand and gain insightful knowledge about different speech pathologies throughout this experience.



Image from <https://www.istockphoto.com/photos/speech-therapy>

## Site Information:

**Name of Site:** Integrity Speech Therapy

**Address:** 5457 Twin Knolls Rd Suite 300, Columbia MD 21045

**Site Supervisor:** Faith Monah-CCC-SLP

**Site mission:** To observe and learn how speech therapy is utilized in society.

**Site Goals:** My goals at this site were to effectively listen and shadow the various sessions in which individuals were receiving speech therapy.

## Impact:

Watching the various sessions allowed me to understand the hard work that patients go through with speech therapy. I was amazed to see how hard patients work and the perseverance the patients have during the sessions. I gained valuable insight to my career path through this experience and will forever be grateful to have such an opportunity, especially during a global pandemic. Overall, I was so thankful to have a chance to understand what it is like to be a speech therapist and witness therapy sessions.

## Issues Confronting Site:

My site addressed the problems that individuals have with their speech, articulation, and/or fluency etc.

**\*Disclaimer\***

Unfortunately, due to COVID-19 restrictions, I was only able to attend sessions via a video chat service.

## Future Work:

I hope to be able to shadow and observe more sessions in the future because I am pursuing a degree in Hearing & Speech Sciences.



Image from <https://www.integrityspeechtherapy.com/>

## Acknowledgments:

I would like to sincerely thank my site supervisor, Ms. Faith Monah-CCC-SLP for allowing me to have this opportunity and Ms. Chloe Freeh-SLP-A for also working with me and answering any questions. Additionally, I would like to thank both of my professors, Dr. Holtz and Dr. Merck, for their continuous effort and support toward the SGC Scholars program/curriculum.

