



Shadowing and Assisting Dental Practices

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Introduction

I have always been interested in the dental field because my family is involved in it. I used this opportunity to work at my family's dental practice to further understand the ins and out of the dental field and its work. Here, I shadowed a dentist and acted as his dental assistant.



These are the tools that I held, handled and handed the dentist during his procedures.

From left to right: mirror, dual-ended pick, tweezers, clamp, and water drill.

(not pictured: suction)

Site Information:

Robert Lebovitch DDS PC
400 Rt 59, Airmont, NY 10952
Robert Lebovitch & Ellen Boltax

At Robert Lebovitch DDS PC, the goal is to perform safe and effective dental care to patients.

Issues That Arose While on Site:

The issues that came about were all surrounded around COVID-19. Because of COVID-19, certain things needed to be adjusted and changed in order to keep all the patients as well as the staff safe and healthy. Because of this, there were less amounts of patients per day, meaning I got to see less per day than I thought I would.

These are crown molds that had to be sent to the labs. I learned how to make the molds and go through the correct process of prepping them for pick-up.



Activities:

- Shadowed all the consults, check-ups, appointments, and procedures in order to gain an understanding of the techniques used
- Assisted patient treatment by holding suctions and other tools
- Operated the sterilization machine and learn/understand the process and important of sterilization in a medical office
- Learned the process of making molds for crowns and sending them to the lab - including writing out the proper descriptions and the rules of the "2 week process"

This is the sterilization machine I used to clean the tools the doctor used after appointments and procedures.



Impact:

I learned so much about what happens behind closed doors in a medical office. This experience enlightened me to the true importance of patient care, patient satisfaction, and the proper procedure to run a safe and successful practice. In this time of the pandemic, I was especially impressed by the amount of work and time that goes into proper sterilization of not just the instruments, but the entirety of the office as a whole.

Future Work:

When I began, I had intentions of pursuing a career in either the medical or dental field. Although this experience was incredible and very interesting, I have decided that I will not be going into this field. However, all of the things that I have learned during this experience have given me a profound respect for it and all the people who contribute to it.

Acknowledgement:

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